



CRYSTAL ORACLE GRID INSTRUCTIONS

1. Become Present

To begin using the crystal oracle grid, take a few moments to centre and ground yourself, bringing yourself into deeper awareness of the present moment, feeling the connection with your heart. Reflecting on what evokes a feeling of gratitude can help you connect with your heart in a meaningful way.

2. Align with the deck

Place one hand on your heart, allowing your breathing to steady and deepen. Aim to relax rather than force this. Give yourself a few moments to connect with the energy of whichever oracle deck you have chosen to work with for the grid.

3. Choosing the Heart or Central Crystal for your grid

Depending on which oracle deck you decide to use, consider if there is a relevant gem/crystal that you feel resonates with the deck. Alana has outlined crystal correspondences in her Crystal Mandala Oracle which you could use as a reference, but you are also encouraged to simply trust your intuition.

Once you have chosen your crystal, it is recommended that you place it in the centre of the grid. If you do not have a heart crystal, you can visualise a shining light of unconditional love in the centre of the grid in lieu.

Remember that with crystal selection, go with any crystal you feel intuitively guided to use that best represents the deck's energetic meaning to you.

4. Aligning the outer grid with crystals

Whichever other crystals you decide to use for the grid, align them on the outside of the grid, creating a sense of an enclosed protective space. If you have fewer crystals, perhaps just one in each corner, or intuitively placed as you feel guided. You are building something sacred now! You are encouraged to relax and enjoy the process, allowing it to be meditative.

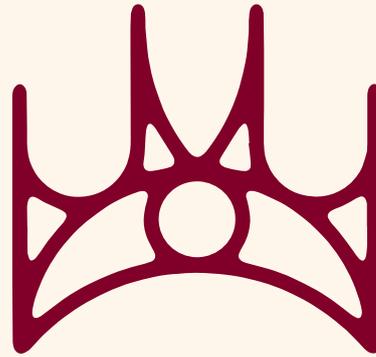


Once you have completed the crystal alignment for the grid you are encouraged to say a prayer of dedication. Below is an example but you can feel free to use your own words as you prefer.

Beloved Mother Earth, you provide the gifts of these crystals and the manifestation of the oracle in these cards. I thank you for these tools for healing and awakening. May this work be guided, protected and inspired by the highest enlightened wisdom of unconditional love. May this work create spiritual blessings for all. May the guides who love me unconditionally be with me now, and always, helping me live my most blessed and beautiful life journey with courage, confidence and grace. So be it.

5. Connecting with the Oracle

Once the crystal placement in the grid feels complete, take an extra moment to feel a heart connection with the deck. You may wish to hold it against your heart for a few seconds and really imagine and intend that a feeling of unconditional love is linking you and the deck. Intend that the best possible guidance, of the highest vibration of love, will be given for this session.



6. Oracle Card Selection

Now it is time for you to intuitively pull four cards from the deck you've chosen to use.

Working clockwise, the first card will go at the top and the relevant key word will be protection. To choose the card, evoke a feeling or intention of guidance that will support and amplify the quality of spiritual **protection** in your life.

The second card on the right will be **prophecy**. To choose the card for this placement, imagine or intend that you are opening to receive guidance for your future, that will guide you towards the best possible outcomes in all ways on your soul's path. This is your oracular talisman of good fortune and blessings in the grid.



The card on the bottom will be **blessing**. To choose this card, open your heart to a feeling of being very loved and supported by the spiritual dimensions. There is a blessing that is meant for you! It may be that you receive guidance to recognise how it has already shown up in your life or you may receive a sign of good things on the way into your life. Feel gratitude as you shuffle and choose this card.

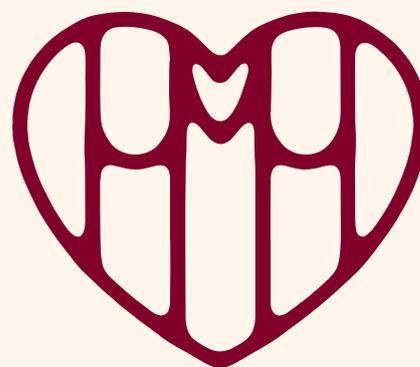
The card on the left will be **inheritance**. To choose this card, imagine or intend that your awareness drops deeply into the abundant wellspring of spiritual resourcefulness within your soul. The guidance that comes with this card helps you understand the power and gifts that you already possess within you. It may be that you recognise this affirmation or that you are guided to understand more about the beauty of your soul's qualities.

7. Activating the Healing Grid

When all of the cards have been pulled and placed in the relevant positions, take your time to read the guidance for each one and allow the energy to sit with you and integrate within your being. If there is a healing process for each card, you may wish to complete the healing processes also. You can complete all four processes or the one that relates to the card which speaks to you most strongly in your session.

Imagine or intend that as you read the words and perform the healing processes that the beautiful healing spiritual energy you are working with flows into the crystals and along the grid, as if you were lighting up a (spiritual) electricity grid. Allow the positive energy to circulate until the entire grid feels like it is pulsing with love, light and blessings.

When you are ready you can intend to release that light as an offering to the Universe. As we give, so we receive. All that you offer for the benefit of all beings will be returned to you as blessings, as well as benefiting others. Offer with a joyful heart, certain that your gesture of good will shall attract even more help, support, goodness and guidance for your own path too.





8. Completion and Integration

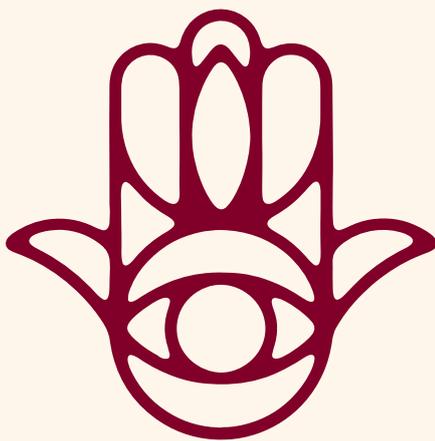
Place your hands in prayer if you wish. Reflect on the beauty of the crystal oracle grid activation and how it felt to make such an offering. Imagine receive that goodness in your life amplified. Feel gratitude and confidence in your work. Sense that the light and energy that has been part of your grid is now completely released to the Universe. You may visualise or feel that any excess energy seeps gently into the Earth as an offering too.

Now consider taking a moment to contemplate and/or journal your reflections on the guidance of each direction, how the cards might be connected to create a meaningful soul reading for you.

9. Grounding

Notice the connection of your feet to the ground beneath you. Perhaps do some gentle stretching or other movement to bring your awareness back into your body. Slow, steady movements can be very grounding.

Gently pack away your grid and crystals whenever you are ready. That may be now, however if you wish to the grid set up as an altar for a period of time that is fine too. That may help you to more fully anchor, and integrate the blessings. Trust your intuition on what you feel is needed.



If you are keeping your grid open for a period of time, you may wish to repeat the prayer (or your version of it) from Step 4 over the grid on a daily basis – a bit like watering a plant to keep it vitalised! If you are keeping your grid open for a longer period of time, please also make sure to repeat Step 8 Completion (with an option to repeat the integration portion of that step if you feel it is helpful to do so) and Step 9 Grounding just before you deconstruct your grid.

Enjoy and feel free to share your experiences and photos with us! May your work be blessed and generate more love, light and peace in our world for the spiritual benefit of all beings.